

# MARCH

## F.L. MOFFETT



### Questions or Comments?

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### Did you know?

A healthy school breakfast sets students up for success in the classroom every day. Students who eat breakfast are able to focus better, are in a better mood, and have higher test scores!



**SFE** This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fresh Fruit Selection &amp; Reduced Sugar Cereals Available Daily at Breakfast</p> 	<p>*Vegetarian Option (or vegetarian upon request)</p>			<p><b>1 Breakfast</b> Sausage Morning Roll</p> <p><b>Lunch</b> Beef Flour Tacos Grilled Cheese Baked Beans Fresh Orange</p>
<p><b>4 Breakfast</b> Mini Cinnamon Waffles</p> <p><b>Lunch</b> Beef Fingers/Roll Turkey/Cheese Sandwich Sweet Corn Fresh Fruit</p>	<p><b>5 Breakfast</b> Sausage Cheese Croissant</p> <p><b>Lunch</b> Mac &amp; Cheese Juicy Hamburger Steamed Broccoli Fresh Apple</p>	<p><b>6 Breakfast</b> Pancakes/Bacon</p> <p><b>Lunch</b> Cheese Pizza Ham/Cheese Sandwich Baked Beans Fresh Orange</p>	<p><b>7 Breakfast</b> Cinnamon French Toast</p> <p><b>Lunch</b> Cheesy Nachos Beefy Macaroni/Roll Crinkle Cut Carrots Applesauce</p>	<p><b>8 Breakfast</b> Biscuits &amp; Gravy</p> <p><b>Lunch</b> Chicken Nugget/Potato Fish &amp; Chips Green Beans Fresh Fruit</p>
<p><b>11</b></p> 	<p><b>12</b></p> 	<p><b>13</b></p> 	<p><b>14</b></p> 	<p><b>15</b></p> 
<p><b>18 Breakfast</b> Cheese Omelet</p> <p><b>Lunch</b> Sun Butter Sandwich Fish Nuggets Peppered Broccoli Diced Peaches</p>	<p><b>Breakfast</b> Pancakes/Sausage</p> <p><b>Lunch</b> Popcorn Chicken/Roll Swedish Meatballs/Rice Steamed Carrots Diced Pears</p>	<p><b>20 Breakfast</b> Breakfast on a Stick</p> <p><b>Lunch</b> Chicken &amp; Waffles Juicy Hamburger 4 Way Mixed Vegetables Tropical Fruit Salad</p>	<p><b>21 Breakfast</b> Honey Chicken Biscuit</p> <p><b>Lunch</b> Chicken Quesadilla Hot Dog Crinkle Cut Fries Pineapple Tidbits</p>	<p><b>22 Breakfast</b> Sausage Morning Roll</p> <p><b>Lunch</b> Cheesy Nachos Grilled Cheese Charro Beans Applesauce</p>
<p><b>25 Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Beef Fingers/Roll Popcorn Chicken/Roll Peppered Broccoli Fresh Apple</p>	<p><b>Breakfast</b> Sausage Cheese Biscuit</p> <p><b>Lunch</b> Chicken Nuggets/Roll Ham &amp; cheese Croissant Green Beans Fresh Fruit</p>	<p><b>27 Breakfast</b> Cinnamon French Toast</p> <p><b>Lunch</b> Spaghetti/Meatballs Fish Nuggets Crinkle Cut Carrots Applesauce</p>	<p><b>28 Breakfast</b> Breakfast on a Stick</p> <p><b>Lunch</b> Entrée 1 Entrée 2 Entrée 3 Veggie of the Day</p>	<p><b>29 Breakfast</b> Golden Pancakes</p> <p><b>Lunch</b> Juicy Hamburger Mini Corn Dogs Crispy Tater Tots Diced Pears</p>

Breakfast Meal Price: FREE    Lunch Meal Price: Pre K: FREE / Kindergarten: Paid \$2.55 / Reduced \$0.40    Adult Meal Price: \$3.55