

# SEPTEMBER

## Elementary Menus



### Questions or Comments?

Tina Byrnes  
 Director of Dining Services  
 Phone: (936) 598-1599

### Did you know?

All grains served in the café are whole grains! Whole grains are packed with fiber to keep you full & focused in the classroom!



This institution is an equal opportunity provider.

### Monday

\*VEGETARIAN OPTION AVAILABLE UPON REQUEST.

### Tuesday

### Wednesday

### Thursday

### Friday



Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

3   
**HAPPY LABOR DAY**

4 **Breakfast**  
 Breakfast on a Stick

**Lunch**  
 Cheesy Nachos  
 Crispy Corn Dog  
 Grilled Cheeseburger  
 Charro Beans

5 **Breakfast**  
 French Toast Sticks

**Lunch**  
 Tater Tot Casserole  
 Chicken Tenders/Roll  
 Spaghetti/Meatballs  
 Steamed Carrots

6 **Breakfast**  
 Chicken Biscuit

**Lunch**  
 Pepperoni Pizza  
 Chef Salad/Crackers  
 Meatball Sub  
 Tater Tots

7 **Breakfast**  
 Mini Blueberry Pancakes

**Lunch**  
 Sun Butter/Jelly Sandwich  
 BBQ Chicken/Roll  
 Orange Chicken  
 Green Beans

10 **Breakfast**  
 Blueberry Loaf

**Lunch**  
 Swedish Meatballs  
 Grilled Cheeseburger  
 Cheesy Nachos  
 Broccoli Florets

11 **Breakfast**  
 Golden Sausage Roll

**Lunch**  
 Ham/Cheese Sandwich  
 Bean/Cheese Burrito  
 Hot Dog  
 Peppered Corn

12 **Breakfast**  
 Pineapple Parfait

**Lunch**  
 Spaghetti/Meat Sauce  
 Chicken Alfredo  
 Breaded Beef Fingers  
 Mixed Vegetables

13 **Breakfast**  
 Egg/Potato Burrito

**Lunch**  
 Chili/Cheese Baked Potato  
 BBQ Rib Sandwich  
 Crispy Corn Dog  
 Baked Beans

14 **Breakfast**  
 Cinnamon Rolls

**Lunch**  
 Chicken Taco Salad  
 Chicken Tenders  
 Pepperoni Pizza  
 Steamed Carrots

17 **Breakfast**  
 Golden Pancakes

**Lunch**  
 Chicken Taco/Rice  
 Breaded Chicken Sandwich  
 Cheesy Enchiladas/Rice  
 Black Beans

18 **Breakfast**  
 Eggs/English Muffin

**Lunch**  
 Chicken Parmesan  
 Juicy Hamburger  
 Crispy Chicken Wrap  
 Peppered Broccoli

19 **Breakfast**  
 Orange Muffin

**Lunch**  
 Cheesy Nachos  
 Chicken Caesar Salad  
 BBQ Chicken/Roll  
 Green Beans

20 **Breakfast**  
 French Toast Sticks

**Lunch**  
 Ham & Cheese Wrap  
 Cheesy Chili Mac  
 Cheese Quesadilla  
 Crinkle Cut Carrots

21 **Breakfast**  
 Breakfast on a Stick

**Lunch**  
 Cheese Pizza  
 Breaded Beef Fingers  
 Zesty Orange Chicken  
 Crinkle Cut Fries

24 **Breakfast**  
 Breakfast Pizza

**Lunch**  
 Sun Butter/Jelly Sandwich  
 Cheesy Nachos  
 Chicken Alfredo/Breadstick  
 Steamed Carrots

25 **Breakfast**  
 Egg & Cheese Big Bite

**Lunch**  
 Cheese Crisp  
 Crispy Corn Dog  
 Fish Filet  
 Charro Beans

26 **Breakfast**  
 French Toast Sticks

**Lunch**  
 Turkey Sub  
 Spaghetti/Meatballs  
 Orange Chicken/Rice  
 Steamed Broccoli

27 **Breakfast**  
 Pineapple Parfait

**Lunch**  
 Ham/Cheese Sandwich  
 Grilled Cheeseburger  
 Popcorn Chicken/Roll  
 Crinkle Cut Fries

28 **Breakfast**  
 Egg/Cheese Taco

**Lunch**  
 Crispy Chicken Wrap  
 Cheese Pizza  
 Breaded Beef Fingers  
 Green Beans

Breakfast Meal Price: FREE Lunch Meal Price: Paid \$2.55 / Reduced \$0.40 Adult Meal Price: \$3.55